MEMBER NEWSLETTER



DECEMBER 2024

Thank you to everyone who submitted their response to our survey!

Check out the posters in the Heber gym to read what parents and kids had to say about our amazing staff memebers.



What's Coming Up

Holiday Schedule Changes

The gym will be closed Thursday, Nov 28 for Thanksgiving



The gym will be closed Tuesday, Dec 24 - Wednesday, Jan 1 for the holidays

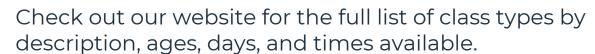
Enjoy vour break!

Classes Available



Save your furniture, and your sanity!

Instead of letting your kids bounce on the sofa (or jump off anything else), get them out of the house and into our gym.

















NEW! BDG Holiday Store



Positions Available

Calling all parents!

Come work with some of the greatest people you'll ever meet, and make a difference in the lives of kids in our community.

- Work part-time while your kids are at school
- Work part-time in the afternoon while your kids attend class
- Ask about discounts available for your family!



Trampoline & Tumbling Team

Friendly reminders for those of you with athletes who are part of the T&T program at our Heber gym:

Event: PJ Holiday Party (all levels, athletes & their parents)

Date: Saturday, December 7

Time: 10 am - 12 pm in the gym / 12 pm - 2 pm lunch at Panda

Express (Heber)

Event: Naughty or Nice In-House Meet (Pre-Team and Team)

Date: Saturday, December 21 **Time:** 9:30 am - 2:15 pm(ish!)

